

### 3 New Database Records

▶ Caviar			FH	g
16	1	0	3	40
▶ Halibut, cooked with skin			FH	g
28	0	0	1	32
▶ Turtle, raw			MT	g
28	0	0	0	25

I chose these 3 new records to add an amount of uniqueness to the database, with rare and interesting foods such as Halibut. I found that the database, though extensive, seemed to contain rather dull foods. So I added Raw Turtle and Caviar to the list.